

Welcome. Thank you for coming. Thank your hostess. (1 minute)
Party is all about them. Enjoy tasting all the products. Learn a little about the products, the company, and how to feel great, detoxify and spend their food dollars wisely.

Introductions or Ice Breaker Game (3 Minutes)

- Ask everyone how they know host, and what would they do if they felt their best and had endless time and \$\$ (if there are 5 or less guests otherwise play a short game)

Your Story (2 Minutes)

- How you were introduced to Arbonne. Why you are an Independent Consultant.

Arbonne Company (1 Minute)

- How many of you have heard of Arbonne?
- How many have been to an Arbonne party?
- I am very excited to introduce you to this great company and share products with you that help you look and feel your best!

PURE SWISS SKIN CARE
FORMULATED IN SWITZERLAND | MADE IN THE U.S.A.
COLOR | NUTRITION | WEIGHT LOSS | AROMATHERAPY



ARBONNE®



You're going to have a chance to win _____! Just remember a few things about what I'm going to tell you about Arbonne's nutrition products.

Arbonne Weight Loss and Nutrition Products (3 minutes)

- Standardized botanicals and herbs – you get the same concentration of active ingredients in every scoop or pill.
- Proprietary herbal blends work synergistically with active components for optimal results – Boost your metabolism and increase your energy so you feel great!
- Arbonne's Hybrid Dietary Supplements:
 - Meet U.S. Pharmacopoeia (USP) disintegration time standards: They are absorbed and utilized by our bodies – not simply eliminated through urine without being absorbed.
 - No colors, starch, preservatives or salt
 - Provide maximum absorption with highly bio-available ingredients: Key ingredients are grown under the best conditions harvested from around the world to have most potent active ingredients. Our supplements work! You feel great with more energy!
 - 100% Vegan: no animal products or bi-products.
- Arbonne's Figure 8 Weight Management products:
 - Help control appetite – so you feel fuller longer
 - Boost metabolism and increase energy!
 - High in Vegan protein – from peas, cranberries and rice!
 - Low in calories
 - Low in sugar – safe for diabetics.
 - Low in fat – contain no saturated fat, trans fat, hydrogenated oils, nor cholesterol.
 - No artificial sweeteners, flavors or colors

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Quiz Time (3 Minutes)

1. Why is it important that our products are formulated with standardized ingredients? *We get the same concentration of active ingredients in every scoop or pill.*
2. Why is it important that our products meet U.S. Pharmacopoeia (USP) disintegration time standards? *They are absorbed and utilized by our bodies – not simply eliminated through urine without being absorbed.*
3. Which of these are included in our products: colors, starch, preservatives or salt? *None.*
4. Is there animal based protein in our shakes? *No, it's 100% Vegan.*
5. What are the 3 plant sources of protein? *Peas, Cranberries, Rice.*
6. How much saturated fat, trans fat, hydrogenated oil, and cholesterol are found in our products? *None.*
7. What is the Arbonne company car (color and make) *White Mercedes.*

Hand out before and after pictures of Figure 8 (1 Minute)

Guests pass around while you gather ingredients for the shake.

Make a basic, vegan shake in the kitchen with guests (2 Minutes)

$\frac{1}{2}$ cup almond milk, $\frac{1}{4}$ cup coconut milk, $\frac{1}{2}$ scoop fiber, 2 scoops protein, ice

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Our Bodies are a Chemistry Lab – Not a Bank Account! (5 minutes)

- Not simply calories in (food) and calories burned (exercise). Lots of people work out and don't lose weight. Nutritional deficiencies, food sensitivities, and allergies to blame.
- Food has become addictive. We need to give ourselves something (filling, delicious protein shakes) so we can take away addictive foods such as sugar, wheat (gluten), dairy (including whey), caffeine and yeast. These allergenic foods cause a toxic response in our bodies.
- Toxins are stored in fat (to protect our vital organs). Our world is toxic (pesticides, herbicides, chlorine in water, heavy metals, antibiotics in meat). When we lose weight, we have to detox or the toxins float around depositing back into fat cells (that's what makes certain fat stores very hard to lose). When we cleanse our bodies of toxins as part of a weight lose program, we release toxins that in turn allow us to release fat – especially belly and thigh fat!

Sample Figure 8 products (5 minutes)

Explain the benefits, pour into small Dixie cups. Guests pass around and sample.

Hybrids Lay the foundation for deep nourishment. Whole-food based supplements include multivitamin, multimineral, digestive enzymes, Superfood Antioxidants and Calcium for women, Prostate formula for men. Also teen chews and kids power punch.

Protein Shakes 20 grams of non-allergenic, quality protein powder (not soy or whey).

- Breakfast: protects us from carbohydrate cravings and stressing our bodies
- Recovery: drink after oxygen-debt workout. Protein goes directly into muscles to build muscle mass which will increase metabolism! Be sure to eat/drink next meal when hungry. The recovery shake does not count as a meal.

Fiber Booster 12 grams of quality tasteless, odorless fiber. Can be mixed in liquid or food. Very important: Must add to protein shakes for satiation. It's the key to staying fuller longer. Also keeps things moving – eliminating toxins from our bodies.

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Beverages: Detox Tea and Fizz Tabs (3 Minutes)

Most people over-eat because they are tired, stressed, lonely or angry. We use food to deal with our emotions. We want to drink more beverages and do less eating over our emotions. *(Let guests sample the Detox Tea and Fizz Tabs in small Dixie Cups)*

Detox Tea use when feeling anxious or moody. Purifying tea that supports the kidneys, blood and liver. Supporting the liver helps us get calm and get clear.

Energy Fizz Tabs use when feeling tired. Has B Vitamins and Green Tea for solid, stable, calm energy that gets you over the sugar craving and hunger that comes with stress. Clinically proven to increase metabolism.

Going, Going, Gone! Dietary Supplement boosts energy, controls appetite and increases fat-burning metabolism. Take 30 minutes before meal.

Weight Loss Chews allows us to eat something sweet. Helps stabilize cravings.

Seasource 7-Day Cleanse important key element. Begin our weight loss efforts with a cleanse to eliminate toxins so we eliminate fat stores. Add a fizz tab for better taste.

Other Resources (1 minute)

- www.gofigure8.com for meal plans and recipes
- Toxic Fat by Dr. Barry Sears

Highlight Catalog (2 Minutes)

- Show **RE9 Set**: Sample Body Serum & Body Lotion – takes care of skin as we lose weight (offer fun Spa Night In - facials with a few friends)
- **Makeup**: Show Primer – SAFE cosmetics without toxins (signup sheet for next Makeup Counter Event)

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4 Ways to Use Arbonne (4 Minutes)

When it comes to the quality of our food, we get what we pay for! Good nutrition is always worth the investment! Think of the cost of unhealthy diets that lead to disease and climbing medical bills. Not to mention how we feel! We are what we eat. Eat right and live well!

1. **Retail Client:** Purchase products at retail price.
2. **Preferred Client:** Receive 20% all products with no minimums. \$29/\$15
3. **Become a Consultant.** Purchase products wholesale. Great opportunity. If anyone is looking to make an extra **\$500** or **\$1000** a month I can show you how. Or if you're looking to replace a full-time salary working part time, I can show you that too. DM, AM is one step away from RVP (the car!).
4. **Host a presentation.** For every \$250 in sales, our host will receive \$100 in product for \$20. And tonight, if you book a party, you will receive _____!

Pass out catalogs with order forms and go over product packages (What's on the Menu document). Mingle, have fun and ASK!!!

- Give Pamper Packs to 2 guests who you think might like more information about business.
- At time of ordering, show each guest how much \$ they save if they have a few friends over by referring to the What's on the Menu document.

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