

**GET FIT
PROGRAM
PRESENTATION**
30 Day Program



MAKE IT FUN...GIGGLE!!!! Start no later than 15 minutes after start time, party no longer than 45 minutes. *(Remember this presentation is for group settings as well as one on ones. This is a very versatile presentation.) MAKE it your own. Please feel free to personalize it to meet your style.*

GOALS OF PARTY:

SELL products, *SCHEDULE* more parties, *SPONSOR* Preferred Clients and Business Partners

DISPLAY IS BEAUTIFUL & SIMPLE: featuring **Vanilla and Chocolate Protein Shakes, Chews, Pomegranate and Citrus Fizz Sticks** along with **plain Bottle Water, Fiber, Detox 7 Day Cleanse, Re9 Firming Cream, Women Vitamin Pack, and Detox tea**

1. **Greet Guest.** *Be one of the crowd. Get to know the guests.*
2. Direct them to kitchen for snacks and then to make themselves at home in the presentation area.
3. **Give profile sheet** they can fill them out.

YOU ARE READY TO START YOUR PRESENTATION, next card!

Let's start off by introducing yourself to me,

Share with me how you know the HOSTESS

And, briefly tell me
Something About the Hostess that I don't know....

SHARE YOUR WHY in 30 Seconds or Less – Make sure everyone can Relate:

My name is _____

Tell about your family (married, kids, where you live)

Tell about first exposure to Arbonne

What did you think? What changed your mind?

I'm excited to be here to share these fabulous products with you and at the end
I'll tell you a little bit more about my story.

**A LITTLE ABOUT ARBONNE:
HOW MANY OF YOU HAVE HEARD OF ARBONNE?**

ARBONNE is all about making women FEEL GOOD and LOOK GREAT! That is our company mission....

Arbonne is 32 years old.

We have had amazing growth as a company.

We have gone GLOBAL – we are all over the USA ...and, now in UK, Canada, and Australia

Let me share the ARBONNE DIFFERENCE...! **PURE SAFE AND BENEFICIAL that GETS RESULTS** – we have over 300 – 400 different products!

Made in USA. Research and development – Switzerland Made in USA. Europe has stricter standards on health products and botanicals and more restrictions on their ingredients. **1100 chemicals banned in Europe**, all of which are in U.S. products.

Skin is our largest organ. Whatever we put on our skin absorbs in 26 seconds or less.

OUR FORMULATIONS ARE:

- **Botanically Based – GLUTEN FREE, NO Artificial Flavors, colors or sweeteners**
- **We have GONE GREEN – all packaging is recyclable!**
- **No cholesterol, saturated fat, or trans fat**
- **Hypoallergenic**
- **Never Tested on Animals**
- **Formulated without Animal by products or animal products – certified vegan**
- **Formulated without mineral oil same molecular structure as motor oil; petroleum**
- **Formulated without dyes, chemicals or harsh fragrances**

Ladies, we are here to learn about how to lose weight, get healthy and look AWESOME! I want to introduce to you our product package that can become your best friend for 30 days in making sure you hit those wonderful goals you have set for yourself.

GIVE TESTIMONY of how much weight you lost, and, inches. (If others in room have lost, have them share)

Does anyone know what Detox means?that's right to get rid of toxins and chemicals in our body. You may be thinking well, I'm not sure if I have any of those...and, I'm not sure I need to detox.

The human body needs to be cleaned....especially if your diet includes packaged foods, hydrogenated fats and oils, white flour and sugar....or if you are exposed to:

2nd hand smoke, smoke,
vehicle fumes, pollution
mildew, mold, garden pesticides
household cleaners, heavy metals
smog, paint fumes, rain
fertilizers, dust, photocopiers

GIVE ME A SHOW OF hands if any of these apply to you:

Do you experience fatigue or low energy levels?

Do you experience brain fog, lack of concentration or poor memory?

Do you crave or eat sugar?

Do you have less than 2 bowel movements a day?

Do you feel sleepy after meals, bloated or gassy?

Do you experience indigestion/acid reflux after eating?

Are you overweight?

Do you experience recurring yeast infections, jock itch, or foot fungus?

Do you have arthritic aches and pains or stiffness?

Do you take prescription medications, sedatives or stimulants?

Do you experience frequent headaches?

Do you live with or near polluted air, water or other environmental pollution?

Do you have bad breath, or excessive body odor?

Do you have depression or mood swings?

Do you have food allergies or skin problems?

Do you eat fast food?

Do you drink processed coffees or colas during the day?

IF YOU answered YES to 3 or more of these – then, it may be time for you to DETOX!

Distribute the PACKETS.....

Let's first talk about what you will remove from your diet for 30 days to detox! AND, REMEMBER you can DO ANYTHING FOR 30 DAYS!!!!!!!!!!!!!!

First sheet of your packet.....Follow this for **4 Weeks** to help your body detoxify.

What to take OUT of your diet: It's JUST 30 Days! You can do anything for 30 days!

- Wheat Gluten – BREADS --white flour, wheat, rye, basically ALL breads-- tortillas, white rice. You **can** have brown rice and brown rice cakes.
- Alcohol
- Dairy: cheese, cream, milk, or sour cream
- Caffeine--coffee, sodas or diet sodas. You **CAN** have green tea, fizzy tabs & water with lemon!
- Sugar or honey. **ONLY** use stevia or xylitol

Next sheet of your packet is our Routine, so.....

LETS cover your ROUTINE for the 30 days. (*hold up each product as you talk about it*)

WAKE UP - MORNING

*Fizzy Stick Energy Drink (do this if you need caffeine 1st thing)

*Cup of Detox tea (try squeezing lemon, yum)

Breakfast

*Protein shake With Fiber Scoop

*Daily Vitamin Power Pack

Snack (optional, but not recommended)

*Fizzy Stick and/or Detox Tea

* Weight Loss Chew

*a whole food snack option (see list of suggestions) OR a Arbonne PROTEIN BAR

Lunch

*Protein shake with Fiber Scoop

Snack (optional, but not recommended)

*Fizzy Stick Energy Drink and/or Detox tea

*Weight Loss Chew

*a whole food snack option (see list of suggestions) or a Arbonne PROTEIN BAR

Dinner

* a whole food meal (see list of suggestions)

AVOID eating after 7pm – If you must, have a Weight Loss Chew, cup of detox tea , or an unsweetened hot cocoa made with almond milk.

Week 2 You will do the 7 Day Body Cleanse Supplement.

Once a Week – weigh and measure. Make sure you do it at the same time of day on the same day each week. For example, I weighed in on Monday mornings first thing. And then I measured on Monday am at my weekly accountability group. You will see amazing results!

SHOW TESTIMONY PICTURES OF WEIGHT LOSS GIRLS.....

Arbonne does have other products....we have over 300 products!

WE also HAVE **Anti-Aging COSMETICS!** It works synergistically with our skincare. IF ANYONE IS interested in a FREE COMPLIMENTARY Hollywood Makeover, I invite you to tell me so we can set a special time aside just for YOU!

Lightweight, Optilight Technology – light is diffused creates soft focus effect, skin looks flawless from every angle and it allows skin to BREATHE – light as air

Our Foundation – has a NATURAL BOTOX.....comes in Liquid, Tinted Moisturizer, and Mineral Powder

THE MAIN THING about our products is they GET RESULTS! Whatever they say they will do, they will do....guaranteed or your money BACK!

Our Product line includes: skincare for anti aging men and women, acne, basic skincare for the younger teens, nutritional line of vitamins, aromatherapy, fragrance, hair care, Seasource Detox in home spa treatment to rid toxins and chemicals while you bathe, and, then of course our weight management line we are sharing today.

The products are amazing. But, some of you may have never realized how much income you can make with an Arbonne home based business. This may not be for you, but, please let me know if you know someone this could help. I want to share the income levels, so you have knowledge and can think about this for yourself or someone else:

Just so you know there are four levels in our company:

1. 1st District Manager and that is \$200 - \$950/month and to get that you are doing 8 parties a month so that is two a week, and if you are thinking I don't know if I could ever do a party the great thing is when you decide to do this business your upline (the person who starts you) actually comes and helps train you, and we are really like velcroed to you so you get plenty of support, don't worry, you are in business for yourself, but never by yourself.
2. Next level is Area Manager average income goes up to \$950 - \$3400 a month still doing your 8 parties but have helped a couple of people start their business
3. Regional Vice President Level (the White Mercedes level) \$3400 - \$9,000 a month
4. The top level National Vice President - the average income is 16,000 a month.

There are 3 Ways you can be a part of Arbonne:

1. **Become a Preferred Client** - Pay \$29 to get a 20% discount

2. **Business Partner** –

- a. **Hold up your NVP EOA picture** and Briefly tell their story.....
- b. **Hold up Carleeta's EOA picture** nurse practitioner- took care of others babies someone else taking care of hers –money but no time

THESE ARE THE WOMEN I AM FOLLOWING

3. Ladies if you are like me – YOU WANT IT ALL! You could do what your friend _____ did tonight and have a couple of your friends over for a girl time pampering! **Have a little get together.** 3-5 women for spa party, makeup party or detox 28 diet program party ---- **SHOW BOOKING GIFT** OR – you can say “IF 3 of you do a gathering with 3-5 of your friends, your hostess will receive an extra \$100 in products tonight!

Can also play a booking game. Deal or No Deal - (see game attachment for instruction)....Seal the deal by putting names on Calendar...even tentatively.

Now it's time to shop.....If you choose to be a preferred client, here are some special options for you.

When you Signup for \$29 as a Discount member – a Preferred Client, you are eligible For our **BEST DEAL** that will give you the **BEST SAVINGS**.....for the **COMPLETE 30 day** package that will set you up for **SUCCESS!**

ASK SOMEONE in the crowd – How much do you spend a week in groceries?

Then, share that is right, so, if for the detox for 30 days, it is your breakfast and lunch it cost **\$289 Or \$ 231.20 with 20% discount, making it \$7.71 per day**

Distribute the PRICE PACKAGE SHEET for Detox.

Distribute protein shakes, fizz drinks, chews cut up small to try!

IF there is anyone who needs to leave early, I will be glad to help you first!

PRESENTATION of the party is over...

Now, work the ROOM – you are there for 3 reasons, your party goals are:

To SALE product

To Schedule Parties

To give out Prospecting Packets for Prospects about the business

As each girl is checking out – you need to make sure you ask her to BOOK A PARTY OR a special one on one makeup or Anti Aging Treatment Facial consultation with you!

You also ask each girl “I think you would be great at my business.....Would you be willing to take home information about the income with Arbonne and look it over”..... And, then, set a date 3 days later at Coffee Shop to meet with her to discuss further.

Talk to the HOSTESS about her HOSTESS REWARDS to finish up the party. And, let her know how many people signed up – and, if she is interested in making income with Arbonne, now is the time so you can place all of her friends under her.